

**DIRECTIONS AND MAP TO
THE ARBELLA INSURANCE
HUMAN PERFORMANCE LABORATORY (HPL)
UNIVERSITY OF MASSACHUSETTS – AMHERST
HPL Main Lab: Room 110, Engineering Lab building, Phone: 413-545-3393
HPL-II Training Lab, Room 302, Engineering Lab building, Phone: 413-545-0632**

From Boston and points east, and Albany and points west

Take the Massachusetts Turnpike (Interstate 90) to Exit 4 (West Springfield). Go north on Interstate 91 (I-91) to Exit 19 (Northampton). Turn right onto Route 9 east going towards Hadley/Amherst. Turn left onto Route 116 north and take the first exit to the right, following signs for the University campus. From this point, follow the directions below under “On Campus”.

(From Boston, there is a more complicated/slightly shorter route one can take as well, getting off I-91 at Palmer. If you are interested in this option, let us know and we can provide the details).

From Springfield, MA, Bradley Airport, Hartford, CT, and points south

Get onto Interstate 91 traveling north. Take I-91 north to Exit 19 (Northampton). Turn right onto Route 9 east to Hadley/Amherst. Turn left onto Route 116 north and take the first exit to the right, following signs for the University campus. From this point, follow the directions below under “On Campus”.

From Vermont, New Hampshire, and points north

Take Interstate 90 south to Exit 25 in South Deerfield. Turn right at the exit. Take Route 5/10/116 south. Turn left onto Route 116 south, going towards Sunderland and Amherst. Stay on Route 116 after it becomes a divided highway and take the first exit, to the right. At the top of the exit ramp, turn left, following signs for the University campus. From this point, follow the directions below under “On Campus”.

On Campus

After exiting Route 116, head east towards campus. The road you are on (N. Hadley Road) will become Massachusetts Ave. Go through one traffic light. At the second traffic light, turn left onto Commonwealth Ave. On Commonwealth Ave., at the first traffic light, you can turn right to go to the campus Parking Garage and the Campus Center Hotel. To go directly to the Human Performance Lab, continue on Commonwealth Ave. to the next traffic light. At this light, turn right onto Holdsworth Way. Go about 1/4 mile and then turn left onto Natural Resources Rd. Park at the top of the hill in lot 65 next to Duda and Gunness, or in any of lot 65 space. Once you arrive, please remind us to issue you a parking permit so that you will not get a parking ticket. A campus map is being sent with these directions. The map can also be downloaded from the UMass web site (<http://www.umass.edu/visitorsctr/downloads/campusmap.pdf>). The engineering complex is on the north end of campus.

Arbella Insurance Human Performance Laboratory – Main Lab

The main lab of the Arbella Insurance HPL is on the lower floor of the Engineering Lab building (ELab), in Room 110. If you are taking the path between the Engineering Lab (ELab) and Engineering Lab 2 (Elab2), coming down the hill from one of the Lot 65 spaces, Elab will be on your right. If you are coming from the metered spaces in Lot 45, Elab will be on your left. Go up a short flight of steps and enter Elab through a double wide set of doors. The main lab is immediately on the right.

Arbella Insurance Human Performance Laboratory – HPL II, Simulator Training Lab

The HPL II training lab is located in Room 302 (third floor) of the Engineering Lab building (ELab). After entering the building, you go up the stairs until the top level, and then proceed to the room. The room is located close to the stairwell at the far end of the building. There is no handicapped access to this room.

If you have any questions, please call, 413-545-3393 (Main Lab) or 413-545-0632 (HPL II).

GOOD LUCK