P^3

Poor to Proper Posture

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Team members



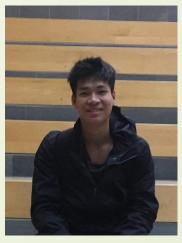
Karl



Tong

- Haptic Feedback Integration
- Microprocessor Programming
- Website

- Angle Sensor Integration
- Microprocessor
 Programming



O-Dom



Kiet

- Curvature Algorithm
- Power Supply
- Analog Circuitry

- PCB Design
- Analog Circuitry

The Problem



The Modern World

- More screen time
- More sitting
- More stationary

BAD POSTURE

Existing Solutions

- Forced to stay in proper posture all the time
- Uncomfortable
- Strain on the back
- Hurts underarm
- Hard to find proper size that fits everyone
- Doesn't stop the habit of hunching
- Doesn't focus on both lower and upper back



P^3 - Our Solution

- Detect User posture using curvature sensor
- Vibrate at the most problematic area to notify user's bad posture instead of forcing the user in uncomfortable position
- Help user to create good habit through their own effort

Specification

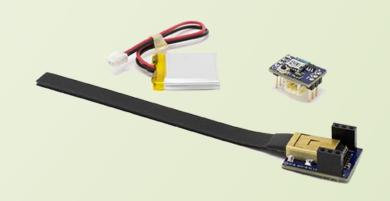
- Calibrating body posture by standing against the wall
- Vibrate and notify when user hunch at a certain degree with a probability of 95%
- Product should be light and power efficient
- Battery powered, should last for 8 hour on average

Curvature Sensor Technology

- Resistive
- Inexpensive \$8-15
- ☐ High power (30mA)
- Analog voltage output
- Manual calibration

- Capacitive
- ☐ Expensive \$50
- Low power (300uA)
- Weather resistant
- Accurate low noise
- Reliable over time





Block Diagram

Angle Sensor

Battery

Microprocessor

Vibrator

Potential Challenges

Comfort

Size

Durability

Reliability

Usability

Power Efficiency

Future Extensions

- Energy harvesting from user's movement or body heat
- Sensors on shoulder to prevent it from rounding
- Cloud

MDR Deliverables Schedule

- Get sensor data
- Vibration function normally
- Battery powered Microprocessor

