

**Pharmaceuticals and Personal Care
Products (PPCPs) and Endocrine
Disrupting Compounds (EDCs) in Surface
Water
- A Case Study of the Assabet River, MA**

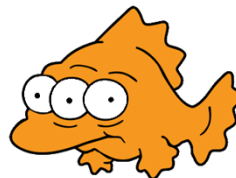
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What are EDCs and PPCPs and Why Study Them?

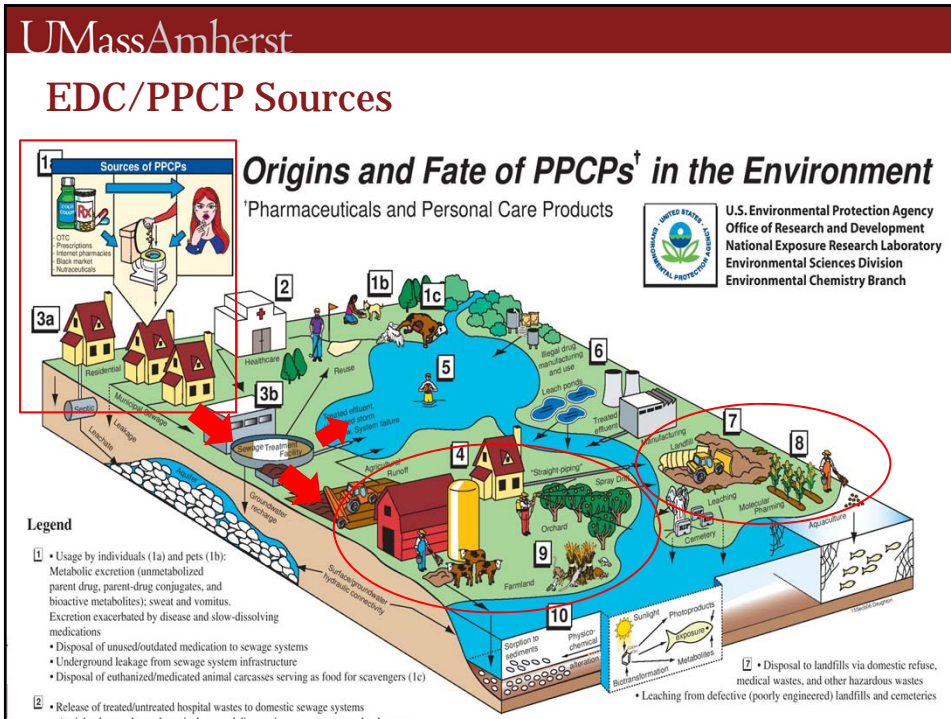
- EDC- Endocrine Disrupting Compounds

- EDCs are a class of compounds which alter the hormonal system of an organism.
- Eg: DDT, 17-alpha Ethinylestradiol, Bisphenol A, etc.



- PPCP- Pharmaceuticals and Personal Care Products

- Any products used for personal health or cosmetic reasons
- Includes prescription and non-prescription drugs, veterinary drugs, fragrances and cosmetics



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Fate and Transport of EDCs and PPCPs

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Analyte List

EDC/PPCP	
Acetaminophen	Gemfibrozil
Atenolol	Ibuprofen
Atorvastatin	Miconazole
Caffeine	Naproxen
Ciprofloxacin	Primidone
Cotinine	Propranolol
DEET	Ranitidine
Diclofenac	Salbutamol
Diphenhydramine	Sulfamethoxazole
Estradiol	TCEP
Estrone	Trimethoprim
Furosemide	Warfarin

Tracers
Gadolinium
Iodine
Sucralose

Analytical Methods

- EDCs/PPCPs
 - Solid Phase Extraction followed by UPLC-MS-MS
- Tracers
 - Gadolinium and Iodine: ICP-MS



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MDL and MRLs

Compound	MDL (ng/L)	MRL (ng/L)	Compound	MDL (ng/L)	MRL (ng/L)
Acetaminophen	34.9	104.7	Gemfibrozil	0.7	2.1
Atenolol	57.1	171.3	Ibuprofen	11.6	34.8
Atorvastatin	14.8	44.4	Miconazole	0.9	2.7
Caffeine	61.8	185.4	Naproxen	11	33
Ciprofloxacin	275.5	826.5	Primidone	16.8	50.4
Cotinine	5.6	16.8	Propranolol	6.2	18.6
DEET	4.9	14.7	Ranitidine	61.7	185.1
Diclofenac	3.3	9.9	Salbutamol	44.2	132.6
Diphenhydramine	0.3	0.9	Sucralose	569.7	1709.1
Estradiol	133.6	400.8	Sulfamethoxazole	8.9	26.7
Estrone	8.1	24.3	TCEP	14.4	43.2
Furosemide	11.5	34.5	Trimethoprim	15.2	45.6
			Warfarin	26.1	78.3

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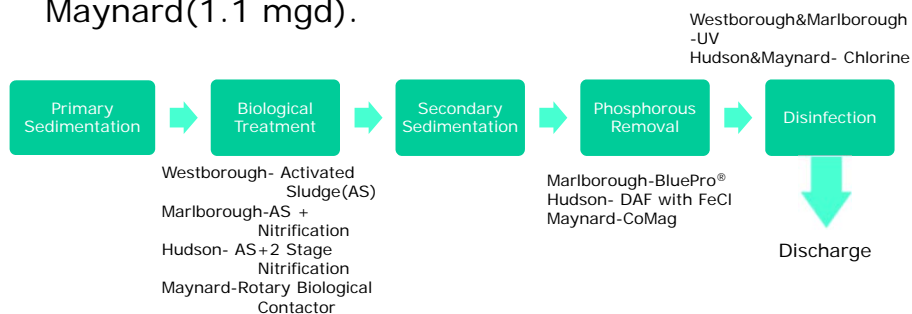
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Sampling Locations

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Wastewater Treatment Plants(WWTPs)

- Four WWTPs- Westborough(20 mgd), Marlborough(2.95 mgd), Hudson(2.65 mgd) and Maynard(1.1 mgd).



Sampling Procedures

- River samples- Grab Samples
- Amber Bottles
 - 1 Litre- EDC/PPCPs
 - 60 mL- Tracers
- Preservatives
 - EDC/PPCP- Sodium Azide & Ascorbic acid
 - Tracers- 2% Nitric Acid
- Conductivity, pH and Temperature measured during sampling
- Filtered and stored at 4 °C



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Sampling Dates

Sampling Date (MM/YYYY)	Flow at Maynard USGS Gage(cfs)	Sampling Date (MM/YYYY)	Flow at Maynard USGS Gage(cfs)
08/22/2011	121	07/25/2012	22
11/16/2011	303	08/28/2012	42
02/06/2012	241	09/20/2012	35
02/28/2012	182	11/01/2012	593
04/11/2012	86	11/30/2012	73
05/10/2012	331	02/01/2013	318
06/20/2012	86	03/01/2013	687

USGS 01097000 ASSABET RIVER AT MAYNARD, MA

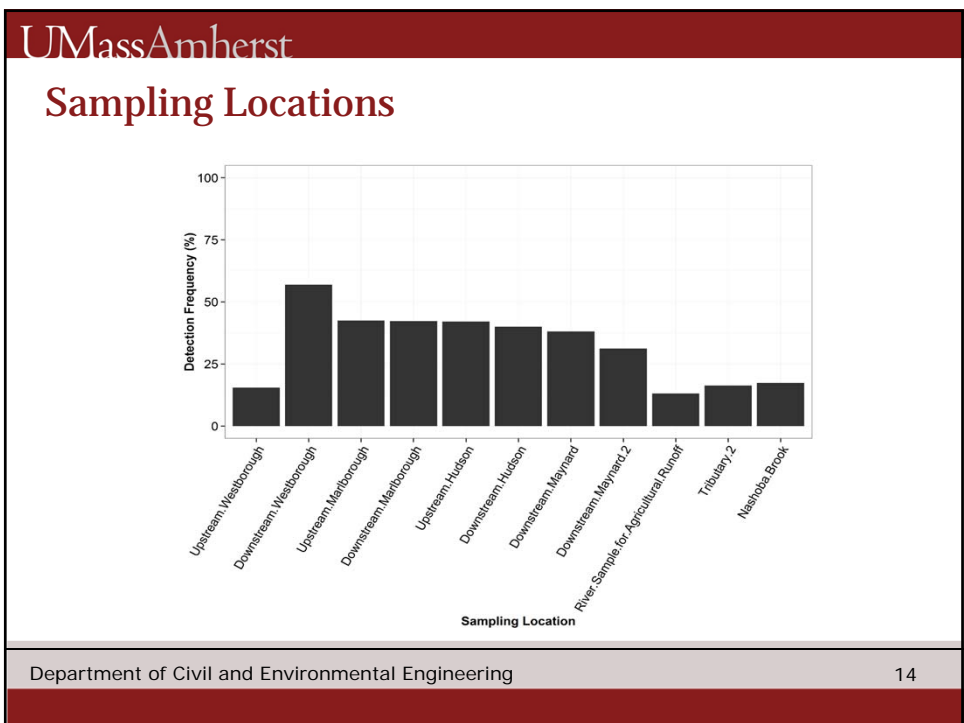
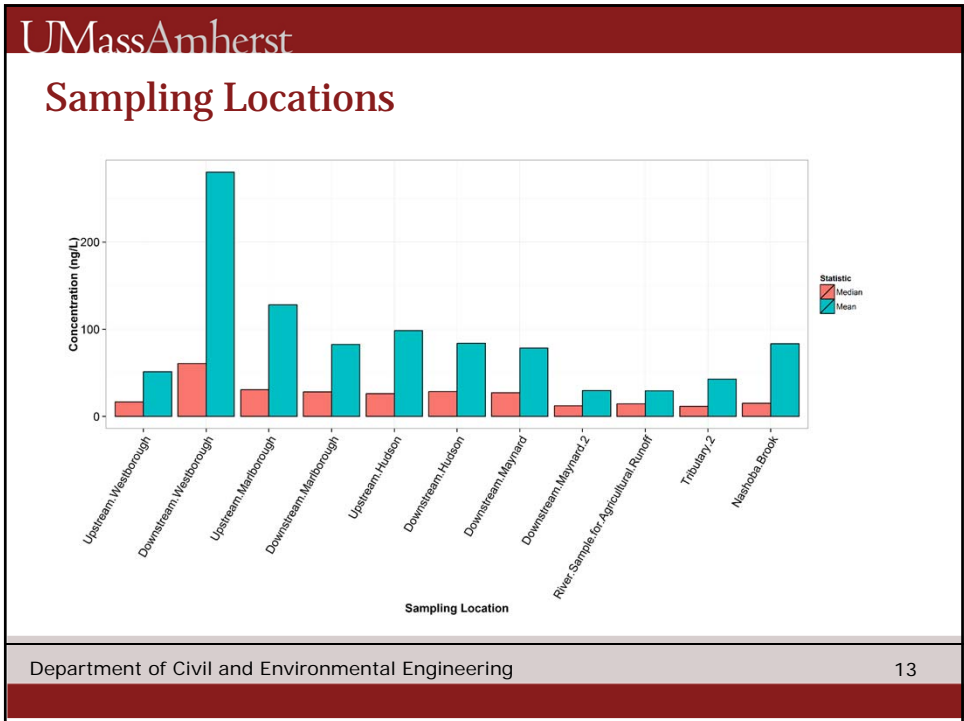
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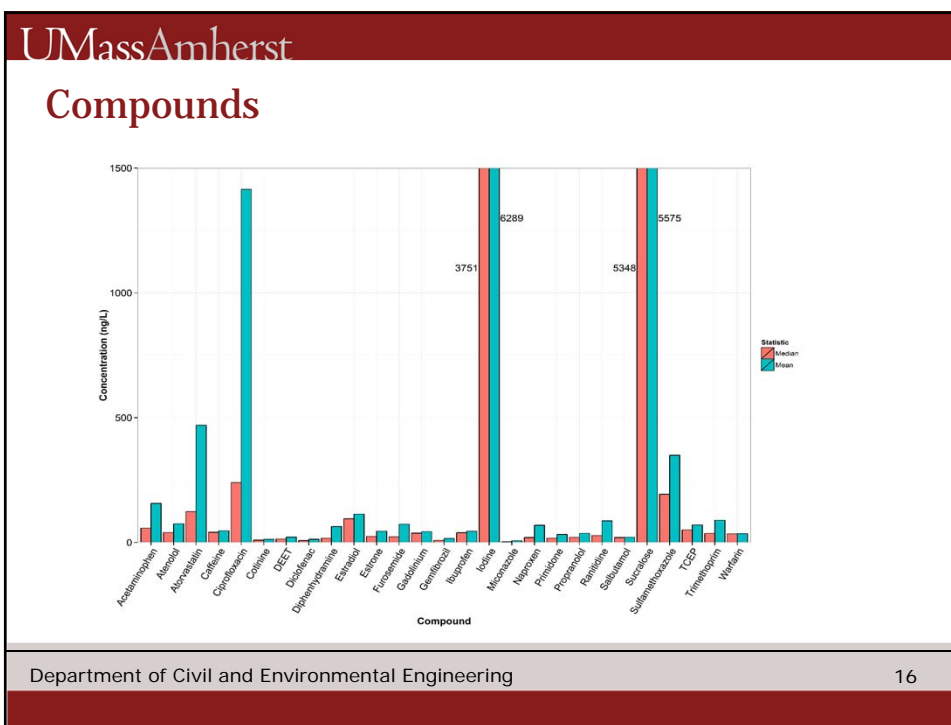
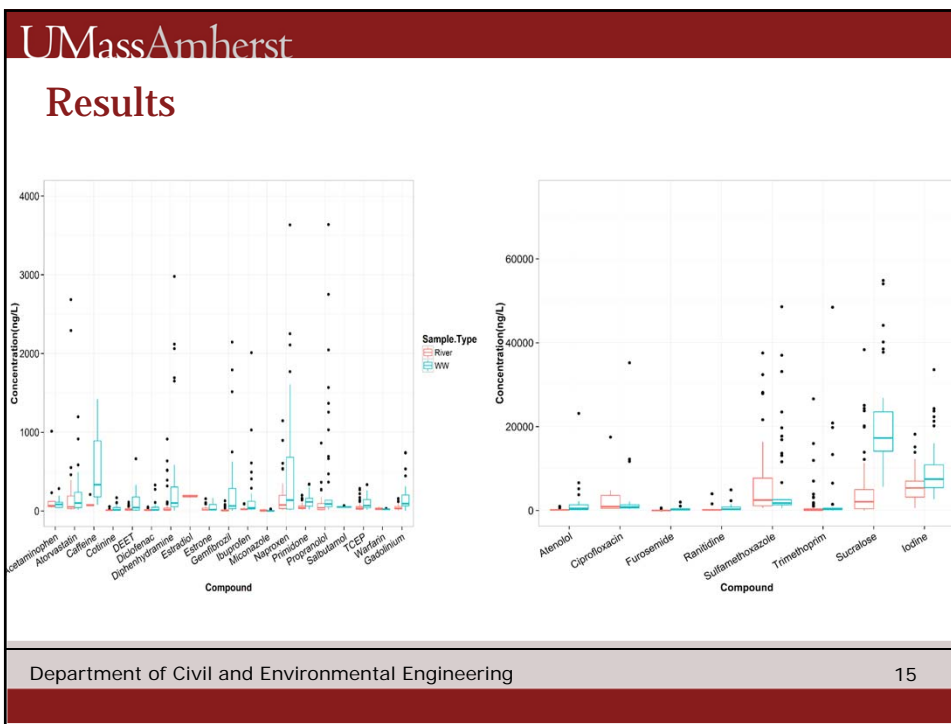
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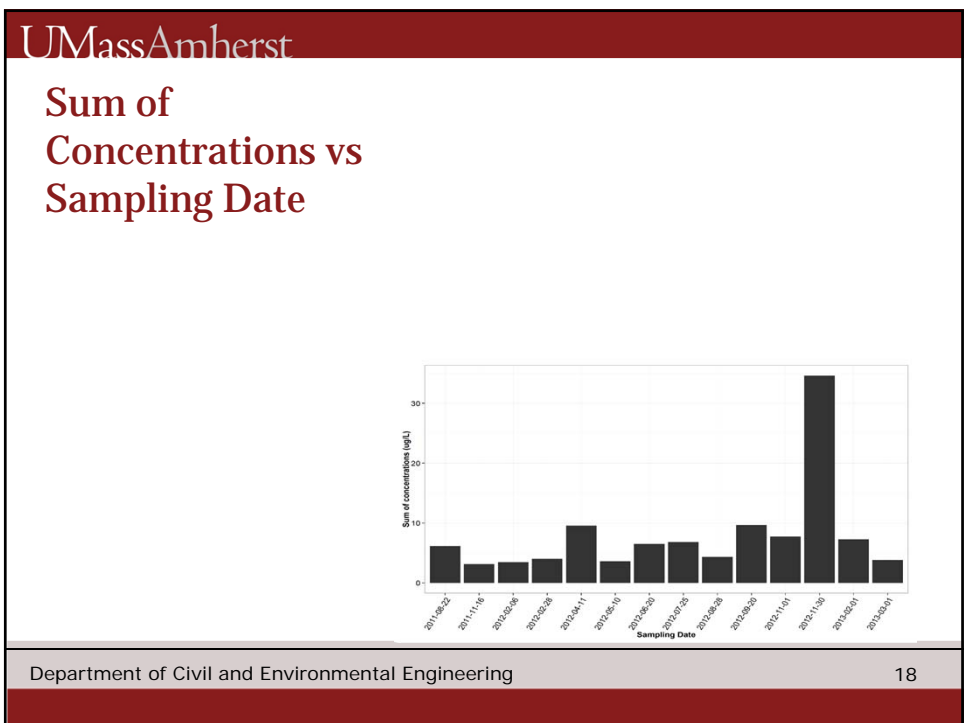
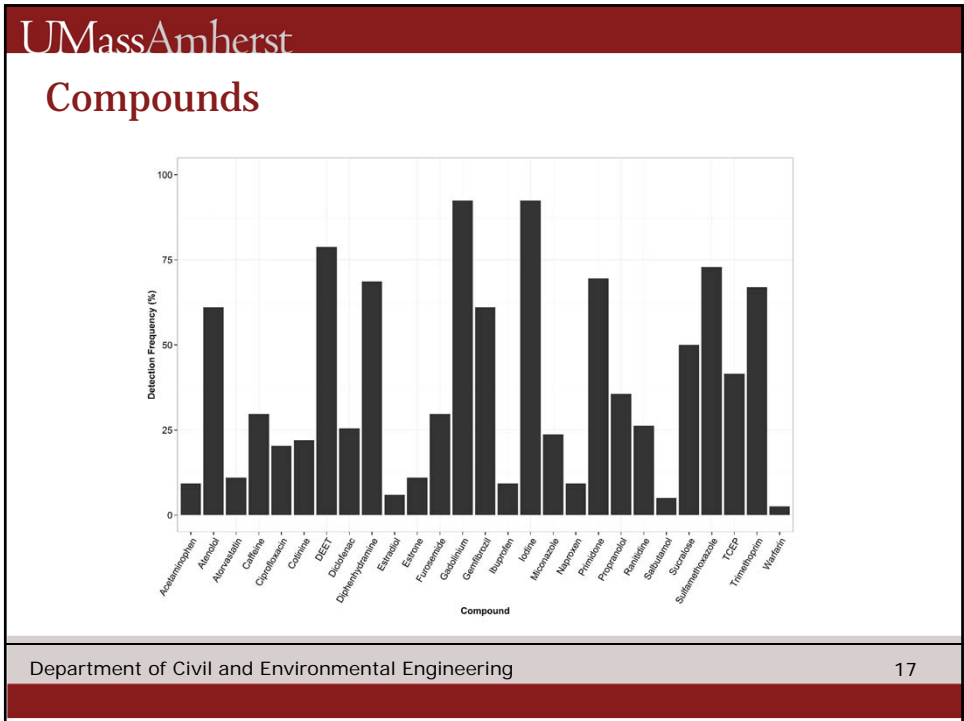
% Wastewater

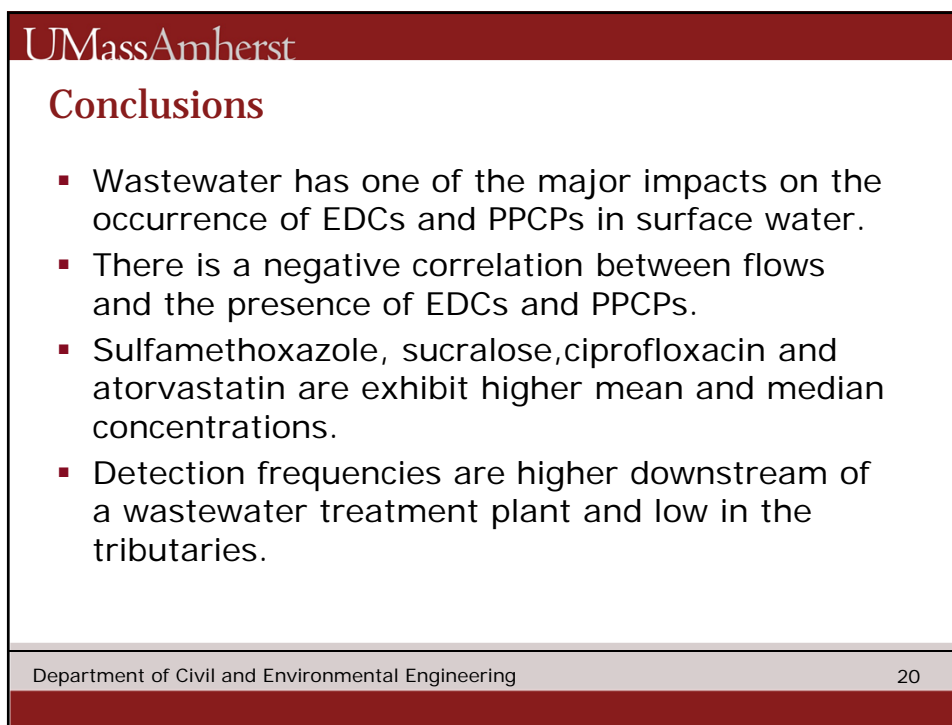
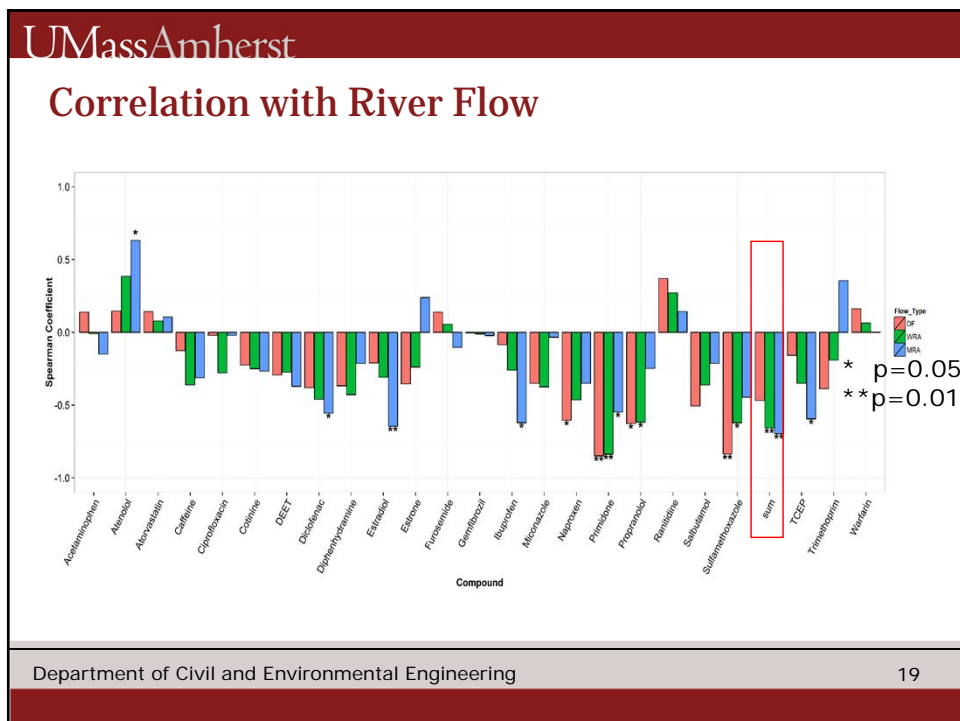
Sampling Date	%WW
2011-08-22	15
2011-11-16	5
2012-02-06	8
2012-02-28	10
2012-04-11	20
2012-05-10	5
2012-06-20	20
2012-07-25	75
2012-08-28	40
2012-09-20	48
2012-11-01	2
2012-11-30	22
2013-02-01	5
2013-03-07	2

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Developing a Watershed-Level Protocol for Choosing Indicators for EDCs/PPCPs Using Analytical Methods and Chemometrics

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Why Develop such a Protocol?

- Sampling and measuring EDC/PPCPs is very expensive.
 - Cost of analysis for 30 analytes= \$1020/sample
 - Cost of analysis for 10 analytes= \$620/sample
- No. of compounds- very large.
- Will help identify sampling locations of most and least concern.

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Current Regulations

▪ State of California

- California Department of Public Health(CDPH) developed criteria for use of **reclaimed municipal wastewater** to recharge **groundwater basins** that are **sources of drinking water** supply.
- Uses **Total Organic Carbon(TOC) limits** as means of ensuring lowest possible concentrations of unregulated WW-derived organic contaminants.
- Additional monitoring of **38 organic contaminants**.

Source: CDPH 2003; CDPH 2007; Drewes et al 2008

Objective

- To develop a protocol for monitoring EDCs/PPCPs using field-sampling, analytical methods and statistical tools.
- Such a protocol will help drinking water utilities to perform EDC/PPCP monitoring in a cost-effective manner.

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Previous Work

- Has focused on **occurrence** and **fate** of EDCs/PPCPs in various watersheds and drinking water.
- Indicators- selected using **detection frequency**, ability to indicate **presence of wastewater** or/**and toxicological relevance**(eg: Caffeine, Sulfamethoxazole, Nicotine, Artificial Sweeteners)
- The **correlation** of these compounds with EDCs/PPCPs has **not been tested** before

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Sampling Dates

Sampling Date (MM/YYYY)	Flow at Maynard USGS Gage (cfs)
08/2011	121
11/2011	303
02/2012	241
03/2012*	182
04/2012*	86
05/2012*	331

* Datasets used for calibration

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Statistical Analysis

Hierarchical Cluster Analysis

- Ward's Method
- Data Autoscaled ((Data-Mean)/SD)

Principal Component Analysis

- Correlation matrix used (Mean =0 & SD=1)

Correlation Analysis

- Pearson's $r > 0.6$
- Spread out scatter plots
- Indicator Compounds-Frequency of detection, good correlation and distribution of data.

Regression Models

- Both linear and quadratic models were tried.
- Linear models were fit better based on the p-values and R^2 values.

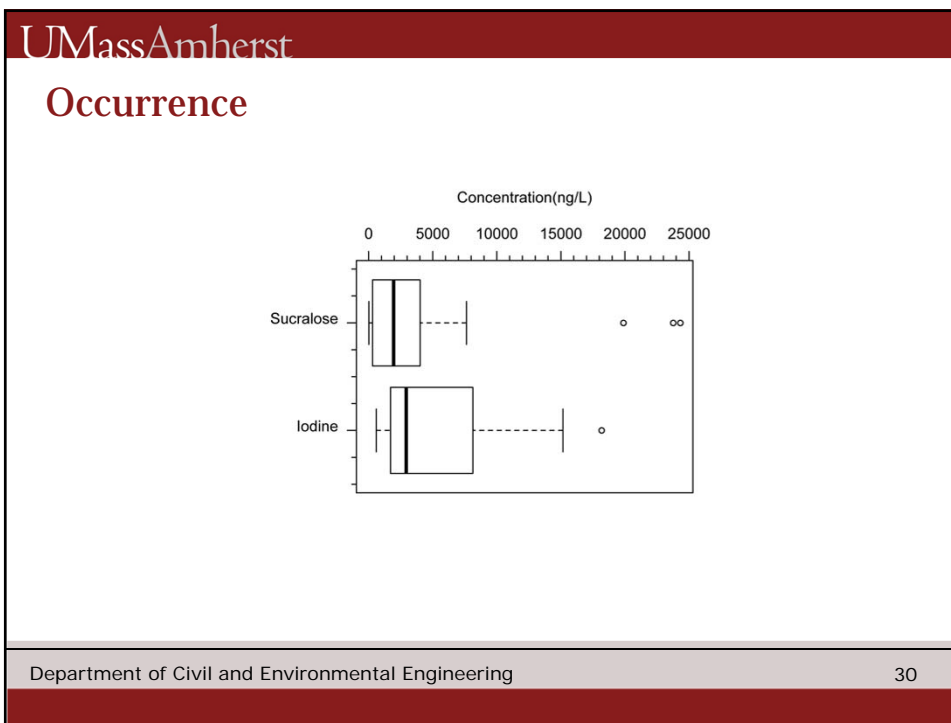
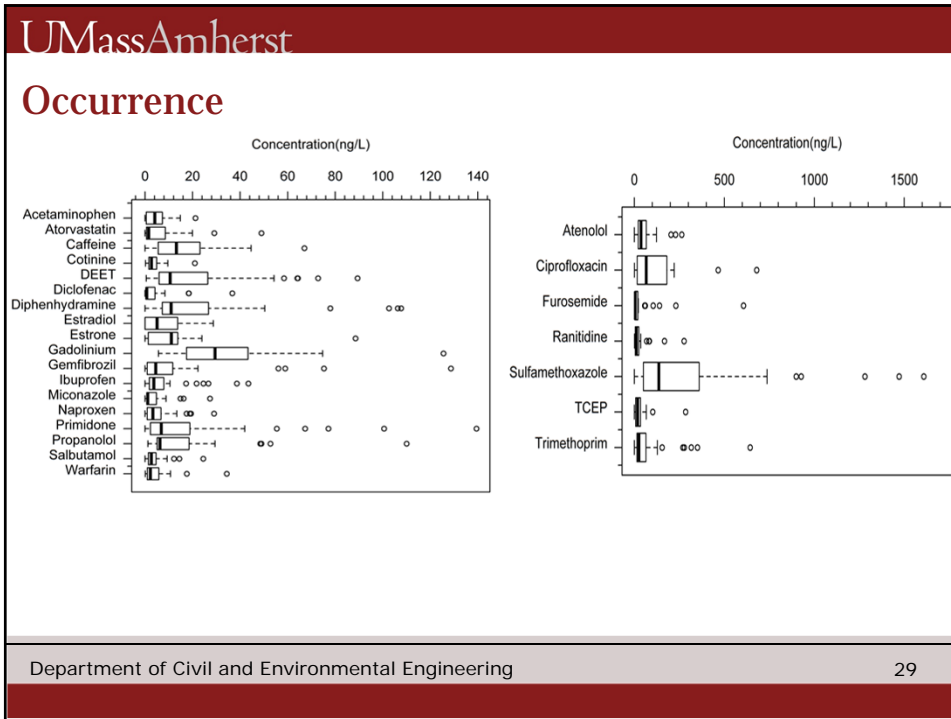
$$C = a * I + b$$

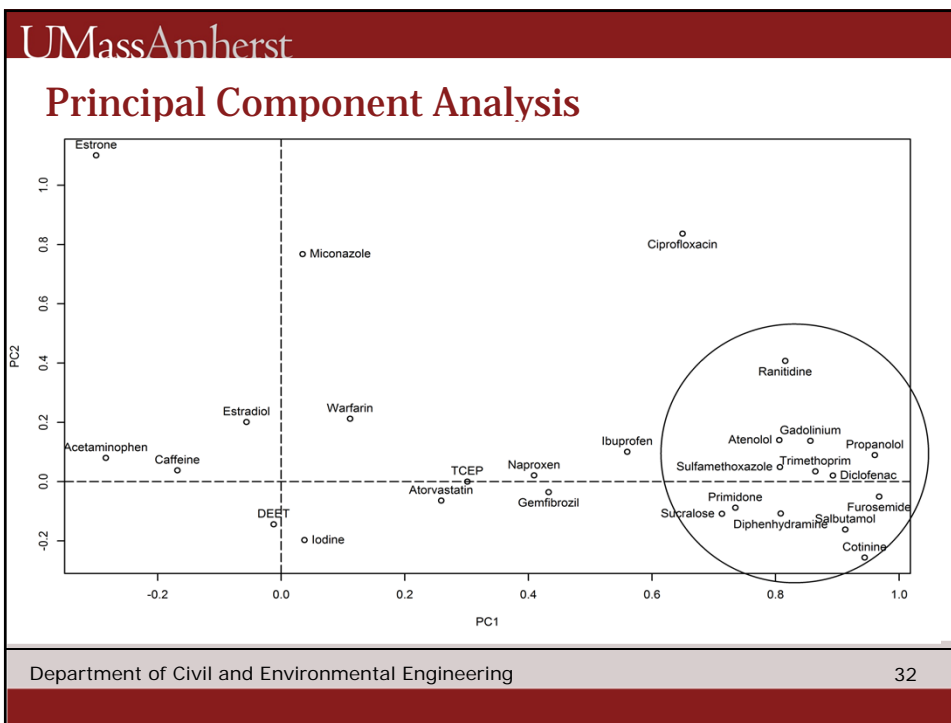
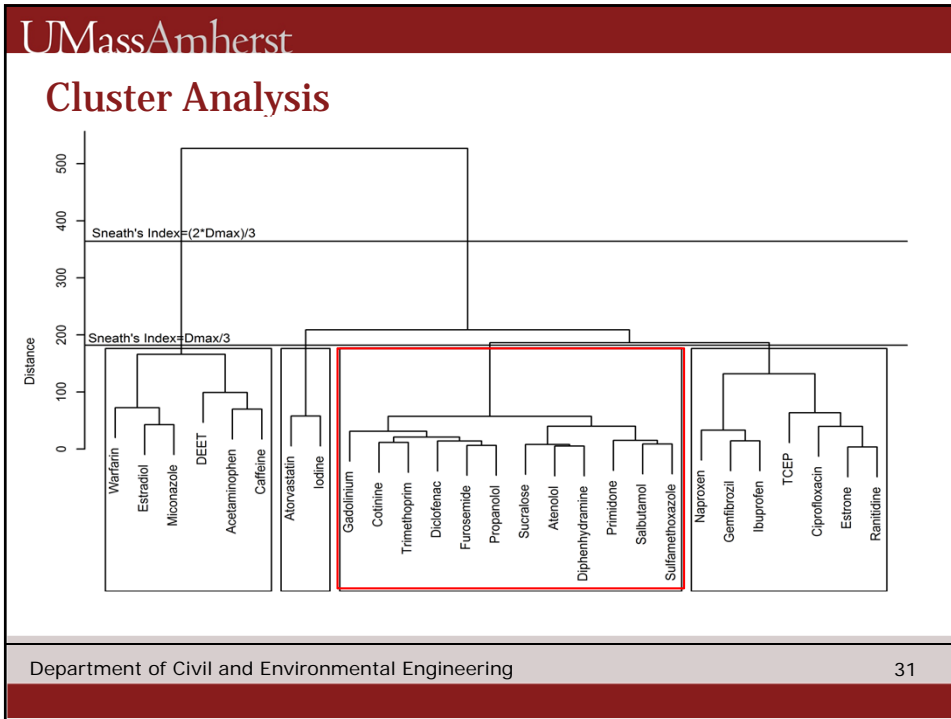
where

C- concentration of the contaminant

I- indicator concentration

a,b- estimation parameters





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Analyte Grouping

Compound	Use	Compound	Use
Atenolol	Beta-blocker	Primidone	Anti-epileptic
Cotinine	Nicotine metabolite	Propranolol	Beta-blocker
Diclofenac	Anti-inflammatory	Ranitidine	Ulcers&heart burn
Diphenhydramine	Anti-histamine	Salbutamol	Asthma Treatment
Furosemide	Loop Diuretic	Sucralose	Artificial Sweetener
Gadolinium	Contrast Agent	Sulfamethoxazole	Antibiotic
Ibuprofen	Anti-inflammatory	Trimethoprim	Antibiotic

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Correlation Analysis

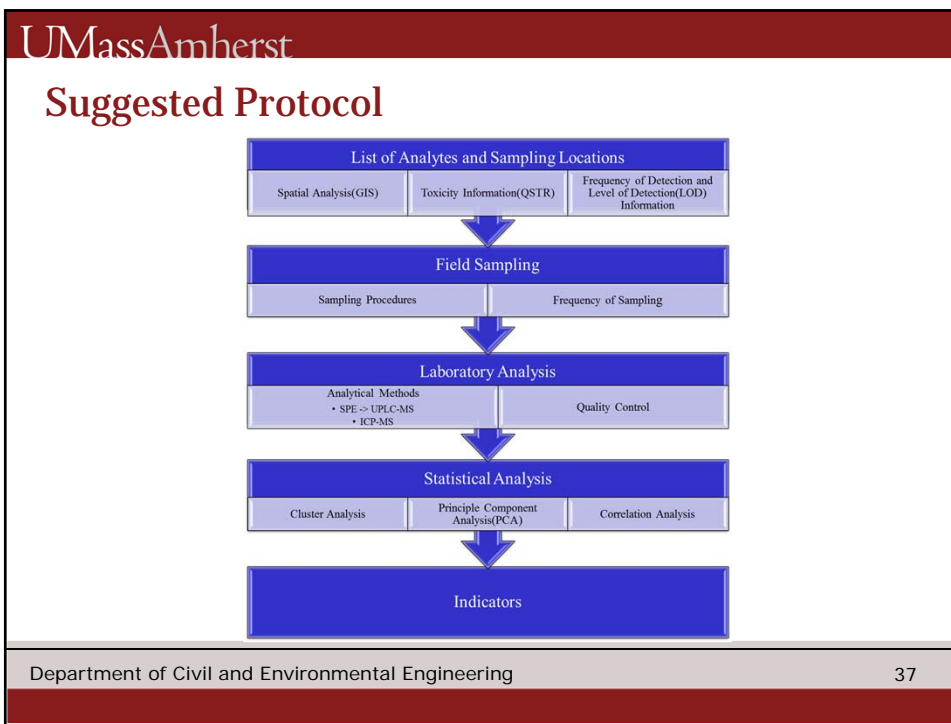
	Atenolol	Cotinine	Diclofenac	Diphenhydramine	Furosemide	Gadolinium	Primidone	Propranolol	Ranitidine	Salbutamol	Sucralose	Trimethoprim	
Atenolol	1.00	0.88	0.75	0.95	0.78	0.72	0.80	0.90	0.72	0.89	0.94	0.78	0.90
Cotinine	0.88	1.00	0.83	0.88	0.80	0.80	0.81	0.90	0.80	0.89	0.80	0.85	0.88
Diclofenac	0.75	0.83	1.00	0.73	0.90	0.79	0.81	0.87	0.92	0.89	0.63	0.86	0.77
Diphenhydramine	0.95	0.88	0.73	1.00	0.75	0.77	0.82	0.89	0.70	0.82	0.99	0.79	0.78
Furosemide	0.78	0.80	0.90	0.75	1.00	0.81	0.64	0.94	0.94	0.85	0.66	0.75	0.87
Gadolinium	0.72	0.80	0.79	0.77	0.81	1.00	0.68	0.84	0.78	0.83	0.64	0.66	0.61
Primidone	0.80	0.81	0.81	0.82	0.64	0.68	1.00	0.75	0.78	0.88	0.95	0.88	0.62
Propranolol	0.90	0.90	0.87	0.89	0.94	0.84	0.75	1.00	0.93	0.84	0.86	0.90	0.90
Ranitidine	0.72	0.80	0.92	0.70	0.94	0.78	0.78	0.93	1.00	0.88	0.83	0.84	0.84
Salbutamol	0.89	0.89	0.89	0.82	0.85	0.83	0.88	0.88	0.88	1.00	0.92	0.89	0.89
Sucralose	0.94	0.80	0.63	0.99	0.66	0.64	0.95	0.84	0.83	0.92	1.00	0.75	0.75
Sulfamethoxazole	0.78	0.85	0.86	0.79	0.75	0.66	0.88	0.86	0.83	0.89	0.75	1.00	0.76
Trimethoprim	0.90	0.88	0.77	0.78	0.87	0.61	0.62	0.90	0.84	0.89	0.75	0.76	1.00

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Compound	Predictor	R ²	Estimation Parameters	
			a (p-value)	b (p-value)
Atenolol	Gadolinium	0.56	2.21(<0.005)	-39.4 (0.04)
Cotinine	Gadolinium	0.61	0.15(<0.005)	-2.21(0.047)
Diclofenac	Gadolinium	0.77	0.31(<0.005)	-8.72(<0.005)
Diphenhydramine	Gadolinium	0.5	0.91(<0.005)	-12.6(0.206)
Furosemide	Gadolinium	0.84	5.45(<0.005)	-173(<0.005)
Primidone	Gadolinium	0.48	0.73(<0.005)	11.1(<0.005)
Propranolol	Gadolinium	0.76	0.96(<0.005)	-22.9(<0.005)
Ranitidine	Gadolinium	0.84	2.56(<0.005)	-81.3(<0.005)
Salbutamol	Gadolinium	0.73	0.19(<0.005)	-3.71(<0.005)
Sucralose	Gadolinium	0.33	0.49(<0.005)	7.34(0.256)
Sulfamethoxazole	Gadolinium	0.52	11.76(<0.005)	-242(0.025)
Trimethoprim	Gadolinium	0.001	0.01(0.884)	3.84(0.247)

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<h2>Conclusions & Recommendations</h2> <ul style="list-style-type: none"> ▪ Its possible to cluster the compounds into distinct groups. ▪ It is also possible to choose indicators based on co-occurrence. ▪ Gadolinium serves as a good indicator for several pharmaceuticals. ▪ Clustering is dictated by usage patterns. 	
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List of Recommended Indicators

Indicator	Compounds	
Gadolinium	Atenolol Cotinine Diclofenac Diphenhydramine Furosemide Ibuprofen Primidone	Propranolol Ranitidine Salbutamol Sucralose Sulfamethoxazole Trimethoprim
Acetaminophen	Acetaminophen	
Atorvastatin	Atorvastatin	
Caffeine	Caffeine	
Ciprofloxacin	Ciprofloxacin	
DEET	DEET	
Estradiol	Estradiol	
Estrone	Estrone	
Gemfibrozil	Gemfibrozil	
Miconazole	Miconazole	
Naproxen	Naproxen	
TCEP	TCEP	
Warfarin	Warfarin	

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To next lecture

Drug Name	Category	Percentage	Concentration (nanograms/gram)
Diltiazem	Antihypertensive	2%	0.13
Norfluoxetine	Antidepressant by-product	46%	3.2
Diphenhydramine	Antihistamine	20%	1.4
Carbamazepine	Antiseizure	33%	2.3

Fish Pharm
 These pills represent the relative amounts of four pharmaceutical drugs found in fish pulled from Chicago's North Shore Channel and tested by Baylor scientists.

Questions ?

The traditional foe of water quality is waste from factories and farms, but now environmental regulators are eyeing a new pollution source: our medicine chests. Fish caught downstream from sewage treatment plants in five U.S. cities contained traces of pharmaceuticals and toiletries, Baylor University researchers found in a recent study. You'd have to eat tons of fish for such small concentrations to affect human health, but the products could pose a threat to marine life. To assess the risk, the EPA has expanded monitoring to 150 sites, with results due in 2011.

* PERCENTAGES EXCEED 100 BECAUSE OF ROUNDING. BLUE ANTIHISTAMINE PILLS (TOP) ARE NOT INCLUDED IN PERCENTAGES.

Ref: National Geographic

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